

## GRADUATES SAY IT BEST:

"I had a gun to my head, I pulled the trigger but miraculously the gun did not discharge. Thank God that *PENIEL* was there for me and I will always refer people and support this program."

— Randy, 1982

"After many years of drug and alcohol abuse, I felt the need to make one last call for help... *PENIEL* Female Center...I've been saved from my strongest enemy."

— Donna, 1987

"When I entered *PENIEL*, I was crawling in darkness [getting high] on anything I could get....*PENIEL* showed me love and Restoration."

— Ernest, 1993

"I traveled the world and entertained literally thousands... I have a house full of awards... still I could not fill the void nor conquer my coke addiction until *PENIEL* showed me a way out. Thank You forever."

— Henry, 1990

"I've served in the Marine Corps, and have been assigned to protect the President of the United States, but could not protect myself from the killer crack. But now I have been set free and REALLY empowered, thanks to *PENIEL*."

— Bill, 1992

"I didn't always believe in me, but now I know who I am. I couldn't believe in somebody I didn't know. *PENIEL* has taught me that a woman with a made up mind is dangerous, because she will still reach her goal."

— Gena, 1995

Affordable treatment. Please contact our fiscal department for details. All major credit cards are accepted.

# Peniel



*Restoring Broken Lives*

# PENIEL



*It's time for a new start ...*



**Restoring  
Broken  
Lives**

PO BOX 250  
JOHNSTOWN, PA 15907  
(814) 536-2111 FAX (814) 539-2871  
[www.penielrehab.com](http://www.penielrehab.com)

# PENIEL'S APPROACH TO TREATMENT

**We believe that** addictions are absolutely reversible. We further believe that unresolved conflicts, failures and insecurities greatly contribute to substance abuse and dependency. Left untreated, this lifestyle can be fatal. Our abstinence-based treatment is reinforced by Bible Therapy in a serene, smoke-free environment. Man's inner search for peace can finally be realized and attained through our religious model. Our long-term program provides the client an opportunity to practice their drug-free lifestyle in a supportive setting. Individualized treatment plans explore causal factors and present sobriety tools that highlight the client's strengths and potential as well as expose their weaknesses and negative personal living patterns. High-risk situations are discussed and alternatives are developed.



## PENIEL AT A GLANCE

**PENIEL serves** men and women 18 years old and older who are chronically addicted to chemicals or who are experiencing mild adjustment problems. This program utilizes support agencies such as the 12-Step Program along with Bible Therapy as our fundamental model. Applicants must be able to physically maintain the daily schedule and are expected to participate in all activities and programs during their treatment.

*PENIEL offers:*

- Drug Awareness Classes
- One-on-One Counseling
- Group Counseling
- Co-Dependency Counseling
- Literacy Program
- Family Counseling
- Vocational Training
- Health Care Classes
- Spousal Support Group
- Civic Awareness Programs

Personal devotions and chapel services are incorporated within the client's daily schedule. Exercise and recreation are also a vital part of creating the new man.

# A BRIEF HISTORY OF PENIEL

**PENIEL was founded** in 1980 by Dr. Marion Spellman. Since that time, PENIEL has effectively touched desperate men and women from nearly every state, as well as foreign countries.

Our prestigious board of directors lend their talents and abilities to assist us in ensuring quality treatment and overall concern for each client.

There is an atmosphere of caring, professionalism and trust created by the dedicated staff of PENIEL. Our goal is to serve with excellence and integrity. The knowledge that each person can be whole is our motivating force. Biblical principles are incorporated with practical application and are remodeled by counselors and staff members on a daily basis, which demonstrates to the resident the absolute reality and freedom attainable through a drug-free life.



## AFTER CARE

**PENIEL views** the aftercare phase as one of the most crucial periods of treatment. A comprehensive plan is developed and approved by the case consultation board, which is composed of counselors and departmental heads. A committed support agent from the community is vital during this period. Family restoration, employment considerations, educational opportunities, church affiliation and relocation (when appropriate and possible) also receive deliberate attention. PENIEL strives to help the individual's reentry process become as smooth and promising as possible.



## RELAPSE COUNSELING

**Immediate help** is available for graduates who find themselves faltering and/or indulging again in addictive or high-risk behavior. A phone call to the alumni coordinator at PENIEL is the first step to restoration.